



Commander Ken James
USAF Colonel (Retired)

COMMANDER'S CORNER

It's been another good month, one that exemplifies our values! At the District 16 Convention, they announced our Post is #1 in the district for membership; 115% of goal! We held a very successful Memorial Day Poppy Distribution, paid a visit to Troop 761 as well as Cub Scout Pack 1500, provided flags and attended a flag retirement ceremony conducted by the Sons of the American Revolution, published a post article in the Belmont Community Newsletter, and began efforts to reestablish our Buddy Check Program to ensure the well-being of our members and other veterans across the community. Finally, our participation in the July 4th Leesburg Parade gives us time to celebrate our Nation's 250th Anniversary, reflecting on the sacrifices made to reach this milestone!! We wish you and yours all the best during this special time in our Country's history!

VA NEWS & RESOURCES

There is a new scam targeting Veterans. The latest tactic involves sending fraudulent postcards claiming you (or your spouse) are entitled to "extra VA benefits" or additional payments, including CHAMPVA, TRICARE, and dental coverage, regardless of a VA disability rating. Don't fall for it.

These scammers claim to be affiliated with VA. They might instill a sense of urgency,

pressuring you to contact them as soon as possible, or within five days. Their goal is to get you to call the number provided. Once you do, they will often use flattery and praise regarding your military service to gain trust. The scammer will attempt to obtain personal identifying information like your Social Security Number, bank account details or other sensitive information.

Never give this information over the phone or on the internet.

For more info:

<https://news.va.gov/146577/veteran-interoperability-pledge-connects-care/>

UPCOMING EVENTS

7/1 – Veterans Coffee Social
(1st Wednesday of every month)

7/1 & 7/15 – Women Veteran
Virtual Support Group (2nd and
3rd Wednesday of every month)

7/4 – Leesburg Independence
Day Parade

7/9 – 7/12 – 108th Annual
Department of Virginia
Convention

Event details can be found on our
website, ashburnlegion.org

**To our men and
women in
uniform, past,
present, and
future, God
bless you and
thank you.**



POST 2001 HIGHLIGHTS

June was a busy month for Post 2001. Here are some of the highlights:

- Membership reached a record 115%+ from last year
- Memorial Day Poppy Distribution brought in great donations despite the weather
- Post received an additional slot for Girls State; sending 6 Boys and 8 Girls
- Post Sgt at Arms and Commander attended Scouts Crossing the Bridge Ceremony
- Provided Flags for the Flag Retirement Ceremony conducted by the Sons of the American Revolution
- Post Spotlighted in Belmont Community Newsletter

Buddy Checks

We encourage members to reach out to veterans in our community. A simple phone call can make all the difference to a fellow veteran.

Veteran suicide rates remain alarmingly high, serving as a distressing reminder of the urgent need for intervention. In the United States, it is estimated that an average of 17-24 Veterans die by suicide each day.

VETERANS SERVICES & SUPPORT

Post 2001's Veteran Services Officer helps Post members and Loudoun County veterans with no-cost assistance for VA disability benefits applications and guidance on other VA resources.

Program Spotlight

The Suicide Prevention and Opioid Addiction Services (SOS) Program is a part of the Virginia Veteran and Family Support (VVFS) services.

Last month, Post 2001 helped:

24 Veterans aided with claims

For more information on Veterans Services, visit our website.
<https://ashburnlegion.org/veterans-services/>



MEMBERSHIP MILESTONES

Welcome our Newest Members:

Lillian Ford | USAF Veteran
Lamont Ford | USN Veteran
Anne Frederick | USAF Veteran

Birthdays:

Arthur Lyons, John Enloe, Thomas Jimenez, Eric Lohman, Francisco Badiola, Carl Simpson, Pete Holleran, Frederick Kellner III, David Thach, Robert Osuch, Lindsay Matthews, Terry Williams, David McNiemey, Ronald White



VOLUNTEER OPPORTUNITIES

The Post is looking for volunteers to help on several of the Post Committees and Programs, including:

- Looking for Participants for the 4th of July Parade in Leesburg